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About Ladakh

The Ladakh Region, also known as ‘Little Tibet’ and the ‘Land of High Passes’ is a vast high altitude desert situated in a little-visited corner of far northwest India. Nestled in the mountains between Tibet and Pakistan, this unassuming region is one of the last preserved pockets of ancient Tibetan and Buddhist tradition. Monasteries and palaces dot hilltops and age-old customs and beliefs are still practised, with several festivals being held each year.

Leh is the largest town in the region and capital of Ladakh. It lies at an altitude of approximately 3,500m, sandwiched between the Ladakh and Zanskar mountain ranges. The main trekking season here falls in the summer months, from June to September (the opposite of in the Nepalese Himalaya). In season, a steady stream of backpackers and trekkers pass through laid-back Leh, the gateway to the Indian Himalaya, in search of routes less trodden.

Ladakh only opened up to international tourism in 1974 and thankfully, due to its remote location, remains unspoiled. The beauty of trekking here is that you can easily walk for days, if not weeks, without passing another trekker or sign of civilisation.
For nearly 900 years Ladakh existed as an independent kingdom. Its dynasties descended from the king of old Tibet, but the early colonizers of Ladakh were made up of many races, from the Darads of the Western Himalaya to Tibetan nomads.

The kingdom hit its height in the early 17th century when Ladakh became an established trade route between the Punjab and Central Asia. Passing merchants brought in huge amounts of wealth as they stopped en route in Leh with their precious cargoes of textiles, spices, raw silk, carpets and narcotics. Today, the Srinagar to Leh motor-road marks this ancient trade route.

It wasn’t until the mid-19th century that Ladakh was finally annexed to Kashmir, India.

Gulab Singh, the ruler of Jammu at that time, invaded Ladakh in 1834. A decade of war and turmoil ensued, ending with the incorporation of Ladakh (and the neighbouring province of Baltistan) into the newly created State of Jammu & Kashmir. Just over a century later, this union was disturbed by the partition of India, with Baltistan becoming part of Pakistan, while Ladakh remained in India as part of the State of Jammu and Kashmir.

Ladakh Geography & Geology

The Himalaya was born some 90 million years ago as the Eurasian and Indian tectonic plates converged, forcing the Earth’s crust to buckle and uplift to create the Himalayan range and the Tibetan Plateau. The colossal forces and extreme temperatures associated with the collision also caused melting of the Earth’s crust to generate huge granite (igneous) masses of the Ladakh Range. Elsewhere, such as in the Suru and Zanskar Valleys of Ladakh, stratified (thinly layered) sedimentary deposits which once lay on the bed of the Tethys Sea may be seen.

The bewildering beautiful geology of Ladakh has since been further sculpted by natural forces. Deep winter snows that freeze and crack the rocks, the torrents of summer melt-water, and the strong winds have all contributed to the visual feast of these mountains. Ladakh is a high altitude desert, the majority of which lies at an altitude of over 2,700 metres above sea level. The peaks have risen (and continue to rise) so high that they intercept the path of the famous Indian monsoon clouds, so very little rain falls. This means the small summer window is perfect for trekking.
Experts for this remote region are rare. Yet Exodus can boast several in our head office alone. Our trekkers have relaxed in Leh, walked the Markha Valley and summited Stok Kangri and can advise you on the best adventure for you.

“Ladakh is a region close to my heart as it is where I conquered my first 6000m peak, Stok Kangri (and realised that I might just have the best job in the world!). Our routes encompass the very best that the region has to offer, and our experienced leaders and camp staff are seriously slick. Many of our wild camps are unique to Exodus so you won’t get other trekking parties disturbing the tranquillity of the mountains. Exodus was one of the first companies to take adventurous travellers to Ladakh after it opened up to tourism in the mid-seventies, and over the decades we’ve pioneered new routes and fine-tuned our treks.”

Jennifer Cox, Product Executive at Exodus

Why Trek with Exodus?

Exodus:

▶ has an average star rating of 4.6 (out of a maximum of 5) based on 54 online client reviews across our Ladakh trekking trips.
▶ has been operating tours in Ladakh for nearly 30 years and has a long-standing relationship with our local Indian operator.
▶ guides have comprehensive first aid training, and also carry portable oxygen and relevant medication to treat altitude sickness, should this be needed.
▶ has built acclimatisation days into every itinerary in Ladakh, each spending three days in and around Leh (3,500m) at the start of the trip.
▶ offers one of the highest guide to client ratios on summit day of Stok Kangri.
▶ offers the best balance between value for money and operational quality.
▶ operates responsible tourism practices, employing local leaders where possible, and supporting local projects in Ladakh.
▶ has designated trekking experts and staff members who have first-hand experience of trekking in Ladakh.

Our local partners in India have worked with Exodus for many years and have a very strong reputation for their safe and responsible practices. On our winter Ladakh trip, ‘In Search of the Snow Leopard’, we work together with the Wildlife Department and Snow Leopard Conservancy in Ladakh.
This tour has a strong cultural focus, offering the chance to gain true insight into the rural lifestyle and ancient culture of the extraordinary Ladakhi people. There’s the perfect mixture of time spent sightseeing in and around Leh, five days of relatively gentle trekking through the foothills of the Ladakh Range, and the chance to raft down the Indus River. The trekking route passes through pretty traditional villages and agricultural valleys with fantastic views of the rugged mountains of the Indian Himalaya and the wild barren hillsides of this high altitude plateau. Finally, visit ancient Alchi Monastery, the oldest in the region, and neighbouring Lamayuru Monastery, built in the heart of a spectacular lunar landscape.
Ladakh: The Markha Valley (TGR)
7 days point-to-point trekking

15 days Ex London (14 days Land Only)

This is the classic Ladakh trek, which takes in the best of the contrasting scenery that this part of the Himalaya has to offer. Lofty snow-clad peaks above barren hillsides of the high altitude desert contrast with pretty green villages in the valleys which spring to life each summer. Some of the wild camp sites are amidst marmot territory, where they can be seen scampering around the hillsides. There are several river crossings, two passes over 4,900m and a few long days (7-9 hours walking including breaks). The descent to Hemis, Ladakh's largest and most famous monastery is also a real highlight of this route. Look out for Leh Festival departures (a two week festival which showcases Ladakhi culture) or monastery festival departures (often with the chance to see masked dances).

"A must for any geology nuts! ... Camping at high altitudes (4500m+) looking out over mountain ranges with marmots, blue sheep & dzos nearby was unforgettable.

Gordon Busbridge
This is a demanding trek traversing the Ladakh Mountains on a fantastic, rarely trodden route through wild, rugged high-altitude scenery culminating with the ascent of Stok Kangri (6,153m), one of the easiest 6,000m summits in the world. The focus is not all on the summit however. There are stunning wild camps and a staggering variety of scenery, from towering rock cathedrals to fertile river valleys and breathtaking 360 degree panoramic vistas over the Himalaya. The ascent of Stok Kangri itself is optional (an alternative glacier trek is provided for those not wishing to do the climb), making this trek accessible to couples or friends with different trekking experience or capabilities. The summit ascent is technically easy although those wishing to attempt it must have previous experience of using ice-axe and crampons and walking in a rope team.

“...I can’t recommend the Exodus Ladakh/Stok Kangri trek highly enough. If you enjoy breathtaking views far from the crowds with a stunning glacier and ridge walk summit ascent then this is the trip for you.”

Anouska Norman
This is an exciting tour combining a trip to Ladakh and exploration of the remote Changtang Plateau, following an ancient trade route. Stunning moonscape scenery, high meadow camp sites, Himalayan peaks, rare wildlife, azure blue lakes, high mountain passes, isolated villages, Buddhist monasteries and fascinating encounters with the hardy Changpa nomads in their yurt encampments are all part of this challenging trip. This adventure spends prolonged time at altitude, involves wild camping in remote isolated environments, and includes crossing seven mountain passes over 5,000m; it is not for the novice but ideal for those who are fit, have previous experience of trekking at altitude and have three weeks to dedicate to a true adventure.

“ A really great trip: hard but not ridiculously so. Very different mountain scenery to Nepal and warmer! Go for it!”
Emma Riddle
## Route Comparisons

<table>
<thead>
<tr>
<th></th>
<th><strong>Trails of Ladakh</strong></th>
<th><strong>Markha Valley</strong></th>
<th><strong>Stok Kangri</strong></th>
<th><strong>Grand Traverse</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Trip Code</strong></td>
<td>TGX</td>
<td>TGR</td>
<td>TGP</td>
<td>TGI</td>
</tr>
<tr>
<td><strong>Duration</strong></td>
<td>15 days</td>
<td>15 days</td>
<td>16 days</td>
<td>23 days</td>
</tr>
<tr>
<td>(including flights from London)</td>
<td>15 days</td>
<td>15 days</td>
<td>16 days</td>
<td>23 days</td>
</tr>
<tr>
<td><strong>Activity Level</strong></td>
<td>3 (Moderate)</td>
<td>5 (Challenging)</td>
<td>7 (Tough) Climb: 9 (Tough+)</td>
<td>7 (Tough)</td>
</tr>
<tr>
<td><strong>Main trekking season</strong></td>
<td>July-Sept</td>
<td>July-Sept</td>
<td>July-Sept</td>
<td>July-Sept</td>
</tr>
<tr>
<td><strong>Days Trekking</strong></td>
<td>5 days</td>
<td>7 days</td>
<td>8 days</td>
<td>13 days</td>
</tr>
<tr>
<td><strong>Av. daily hours walking</strong></td>
<td>4-5hrs</td>
<td>6-7hrs</td>
<td>5-6hrs</td>
<td>6-7hrs</td>
</tr>
<tr>
<td><strong>Max. daily hours walking</strong></td>
<td>6hrs</td>
<td>9hrs</td>
<td>8hrs (12-14hrs incl. climb)</td>
<td>12hrs</td>
</tr>
<tr>
<td><strong>Max. trekking altitude</strong></td>
<td>4,030m</td>
<td>5,286m</td>
<td>6,153m</td>
<td>5,586m</td>
</tr>
<tr>
<td><strong>No. of high passes</strong></td>
<td>none</td>
<td>2 (over 4,900m)</td>
<td>3 (over 4,500m)</td>
<td>7 (over 5,000m)</td>
</tr>
<tr>
<td><strong>Fitness &amp; Experience Required</strong></td>
<td>Suitable for anyone who has an average or moderate degree of fitness.</td>
<td>Must be physically fit.</td>
<td>Must be physically fit. Previous experience of trekking at altitude. Optional summit climb: previous ice axe, crampon and rope team experience.</td>
<td>Must be physically fit. Previous experience of trekking at altitude.</td>
</tr>
<tr>
<td><strong>Meals included</strong></td>
<td>13B, 7L, 7D</td>
<td>13B, 7L, 7D</td>
<td>14B, 8L, 8D</td>
<td>21B, 15L, 14D</td>
</tr>
</tbody>
</table>

Please note that all distances, hours and altitudes given within the above table are approximate and are intended as a rough guideline only.
We also offer Wildlife, Family and Cycling tours to Ladakh.

In Search of the Snow Leopard
(Trip Code TGL)
If walking alone does not tempt you, our Snow Leopard safari could be enough to lure you into the mountains. Braving the Ladakhi winter rewards with the chance to spot magnificent yet elusive Snow leopards which descend to lower altitudes in search of food. Please see our website for further details:
www.exodus.co.uk/holidays/tgl/overview

Little Tibet & the Himalaya
(Trip Code FIL)
In addition to monastery visits and sightseeing in and around Leh, this family holiday offers an exciting mixture of gentle walking in the Himalayan foothills, cycling in Leh Valley and rafting down the Indus River. Please see our website for further details:
www.exodus.co.uk/holidays/fil/overview

Manali to Leh Ride
(Trip Code MIH)
This demanding cycling trip is fully supported and encompasses six spectacular mountain passes through the Indian Himalaya, as well as monastery visits and sightseeing. Most of the route is on paved roads but as these are in poor condition we have graded the trip as ‘off-road’. Please see our website for further details:
www.exodus.co.uk/holidays/mih/overview

Other Tours to the Himalaya

In addition to the wonderful treks and tours in the Indian Himalaya, we also have a wide range of tours covering the Nepalese Himalaya. Please visit our website for further details:
www.exodus.co.uk/activities-experiences/walking-trekking/destination/nepal-walking-trekking
Accommodation

Accommodation in Delhi

We use a number of hotels in Delhi, all of which have been selected for their quality of service and good locations. Most are located in the bustling Karol Bagh district, within walking distance of the metro and a short taxi drive from the main sights such as the Red Fort and Hanuman’s Tomb. All rooms are air-conditioned and have en suite bathrooms.

Accommodation in Leh

Our selection of hotels in Leh are all of a good standard, rooms are en suite and most hotels have gardens or outside terraces, some with mountain views. The power supply in Leh is temperamental and power cuts are frequent, but hotels provide bedside lanterns.

Accommodation during the treks

Full service camping

Full service camping means that you need only carry your daypack during the walks. Mules and ponies carry all other baggage, camping and kitchen equipment and all camp chores are done for you, from erecting and dismantling your tent to cooking and washing up. You will be awoken with a hot drink and a bowl of warm water to wash with each morning.

Most sites in Ladakh are wild camping amidst the mountains, but occasionally we may make camp on agricultural land in or close to a village. We use spacious two-person tents with enough space to store your kitbag inside. There will also be a communal mess tent for dining and at least one toilet tent.

Single Accommodation

Single accommodation is available in a single tent as well as for the hotel nights. Please advise your Sales Consultant at the time of booking as rooms may be in high demand. Please note we cannot always guarantee that a single supplement option will be available.

Accommodation in Leh
Our Ladakh Leaders

Experts for this remote region are rare. Yet Exodus can boast several in our head office alone. Our trekkers have relaxed in Leh, walked the Markha Valley and summited Stok Kangri and can advise you on the best adventure for you. When you get there, we’re proud to boast some of the most experienced and dedicated trekking guides in the whole region. Here are just three.

**Sonam Chospel**
Chospel is one of our most experienced Ladakhi leaders who grew up in a small agricultural community a short distance outside of Leh. He received government sponsorship to complete his IMF Qualification and began working as an assistant leader in the late 90’s. Chospel was also a nominee for the Wanderlust Guide Awards. He prefers the tougher treks, often leading our Stok Kangri Climb, and in his spare time he recce’s new trekking routes and goes rock climbing. In winter, when he is not leading, he helps to arrange events for the local community and teenagers, organising ice-hockey matches and village get-togethers.

**Valerie Parkinson**
Valerie Parkinson has been leading trips for Exodus since 1986 and is our Asia Base Manager, covering the Indian and Nepalese Himalayas. She spends her summers coordinating and leading Exodus trips in Ladakh, and autumn and spring times doing the same in Nepal (and the time in-between wishing she was back in the mountains!). Valerie was the first British woman to climb Manaslu (8,163m) without supplementary oxygen, and in spring 2009 she reached the South Summit of Everest (8,761m). She has summited Stok Kangri over 20 times and has also been instrumental in setting up our responsible tourism projects in the region.

**Dilip**
Dilip is another of our local leaders. Dilip is from Kashmir and has been leading Exodus tours in Ladakh for more than fifteen years now. Besides his life-long passion for the mountains, he is a family man with a big heart who loves helping others. He often leads our Markha Valley Trek, as well as trekking tours in other parts of northern India.
All of our itineraries are designed to aid acclimatisation, and all Ladakh tours spend three days sightseeing in and around Leh before continuing to the start of the trek. The ascent rate varies from one trip to another, but in most instances if there is greater altitude gain one day, we have made the following day a shorter/easier day wherever possible. Although the leaders will have wild camping areas in mind, these can also sometimes be adapted to camp at a lower altitude if necessary. Despite careful pacing and adequate hydration, it is probable that some trekkers will experience mild altitude sickness. Most recover quickly; but those affected by serious altitude problems will need to descend to a lower altitude with a member of the local staff and may have to abandon the trek in the interest of safety. It is imperative that any symptoms of altitude illness are reported to our guides immediately and that the advice given is followed. The decision of the local leader in such situations will be final.

Our leaders and guides have had formal training to recognise and deal quickly with the symptoms of AMS (Acute Mountain Sickness), whilst our medical box contains drugs to facilitate a rapid descent together with an evacuation plan from each campsite. Please note that thorough training and preparation still offer no guarantees in the remote conditions that exist at higher altitudes. Although rare, a number of medical conditions can also reduce your body’s ability to acclimatise, and thus will affect your performance at altitude and make you more susceptible to AMS. If you are worried about any pre-existing condition (e.g. heart problems), unsure of your physical ability, or require advice on high altitude medication, we recommend that you seek professional medical advice prior to booking. The British Mountaineering Council (BMC) www.thebmc.co.uk also provides a range of advice online about acclimatisation.

Female travellers please note there is some evidence to suggest that the regularity of the menstrual cycle is disrupted at altitude. This disruption has been known to bring on unexpected periods while the blood loss can have a negative impact on acclimatisation (via the body’s ability to carry oxygen around the system).

TOP TIP:
You may find that you are a little dehydrated after a long international flight to Delhi, so it is advisable to ensure to drink plenty of water on the first day to give yourself the best chance possible of acclimatising quickly upon arrival into Leh (3,500m) the following day.
**Food and Water**

On each of our Ladakh camping treks, all food is included except main meals in Delhi and Leh. Whilst camping, the staff will bring a hot drink (usually tea) to your tent each morning. Breakfasts may include cereal, toast and jam, eggs (fried or omelette) and porridge. Lunch on trek is usually served as a picnic en route (except on shorter days when it is in camp). Lunch and dinner typically include soup to start, followed by a variety of hot dishes (both local and western) such as potatoes, vegetables, curry, pasta, rice, dhal and paneer (cottage cheese). Please note that although some meals will include meat, it is not as readily available whilst camping.

During the trek the camp staff will collect and boil drinking water from the mountain streams and fill up your water bottles for you, but you may wish to use your own water purification treatment as well.

**Activity Level / Grading**

Our treks in Ladakh vary from Moderate to Tough+ so there is something available for most levels of fitness and trekking experience. We have dedicated trekking experts and staff members who have trekked in Ladakh who can help you choose the right tour for you. [www.exodus.co.uk/exodus_people/walk_trek_experts](http://www.exodus.co.uk/exodus_people/walk_trek_experts)

A full description of our trekking grading system is available on our website: [www.exodus.co.uk/walkinggrades](http://www.exodus.co.uk/walkinggrades)

**Walking Conditions**

Walking trails in Ladakh tend not to be well defined; there are no man-made surfaces or stone steps marking the way as you would find in other parts of the world such as on the Inca Trail or in the Everest region. Our leaders will generally walk at the front of the group and set the pace (important at altitude), whilst an assistant guide will be the back marker.

Under foot you can expect to encounter a variety of terrain. At lower altitudes, fertile agricultural valleys and dry rocky riverbeds or floodplains are common, and routes may involve wading across shallow rivers (ropes are provided should the water level be unusually high). At higher altitudes these tend to give way to loose scree slopes, barren hillsides and rocky ridges.

On some of the treks, namely Stok Kangri and The Grand Traverse, you can usually expect to encounter some snow, you may be required to cross glaciers with crampons and ice-axe and some scrambling may be required. The final section to the summit of Stok Kangri involves a steep ridge section, whereby all climbers must be harnessed and roped (not suitable for vertigo sufferers).

**Climate**

Generally the weather is good in Ladakh during the summer time, with warm to very hot sunny days (temperatures can reach up to 35ºC or more), and cool to cold nights depending on the altitude (it can be just below freezing at the highest camps in late August and September). There is, however, always the possibility of rain, and snow at higher altitudes, and you should be prepared for this. The sun is very strong at these altitudes and it can be very hot in the daytime.

Ladakh, though technically part of the Tibetan plateau and classified as a high altitude desert, can and does occasionally experience the effects of the Indian monsoon. Although our tour departures are timed to coincide with when the weather is normally good, you should remember that in any mountain area the weather is never wholly predictable and you should be prepared and equipped to deal with any differences in weather beyond the conditions described above.

**Walking & Trekking fitness plan**

To help you prepare for your trip, we have worked closely with a fitness expert to create a detailed training plan. With specific exercises and nutritional advice to suit each holiday grade, it is a great way to ensure you are in the best condition for hitting the trails. Visit our website to download your copy today: [www.exodus.co.uk/activities-experiences/walking-trekking/trekking-fitness-guide](http://www.exodus.co.uk/activities-experiences/walking-trekking/trekking-fitness-guide)
Equipment

For Ladakh treks we recommend you buy or hire clothing and equipment in advance of your holiday rather than in Leh. Although there are shops in Leh selling or hiring out trekking gear, we cannot guarantee the quality or availability of items. Please consult our trip notes or trip specific packing lists for full details however the main essential items are outlines below.

Exodus will supply you with a kit bag prior to departure.
For equipment hire we recommend Trek Hire UK: www.trekhireuk.com

Essential equipment
- 3 season sleeping bag (liner optional)
- Sleeping mattress/thermarest
- 3/4 season jacket
- Walking boots (worn in)
- Daypack (at least 25 litres)
- Waterproof jacket and trousers
- Trainers/sandals for the evening (and river crossings)
- Head torch
- Water Bottles (2-3 litres)
- Plus items such as toiletries, clothing layers and accessories (hats, gloves) etc.

Additional requirements for Stok Kangri Ascent
- Large daypack (around 35l) with ice axe and helmet attachments
- 4 season sleeping bag (4 season also required for The Grand Traverse of the Indian Himalaya)
- Sturdy stiff soled 4 season trekking boots (rated B1 or B2)
- Crampons
- Walking ice axe
- Helmet (in case of rock fall)
- Harness and one screw lock karabiner
Golden Triangle Extension

From Delhi we drive to Agra, where the incredible Taj Mahal awaits. Built by the Moghul Emperor Shah Jahan in memory of his beloved wife, Mumtaz Mahal, its shining white walls inlaid with semi-precious stones make it one of the most beautiful sights on earth. Next we take in the palaces and courtyards housed within the mighty sandstone walls of the nearby Red Fort of Akbar, before continuing to the deserted royal city of Fatehpur Sikri. In this well preserved citadel, the mosque (designed to hold ten thousand worshippers), the palaces, residences and halls of audience are all of decorative red sandstone.

The Pink City of Jaipur, capital of Rajasthan, is one of the most attractive and colourful cities in India and here we visit both the City Palace and the Palace of the Winds as well as the splendid nearby Amber Palace, rising above a lake.

Should you wish to extend your stay in India, we offer a five day Golden Triangle extension that can be added to the end of any of our Ladakh tours.

New Kashmir Extension coming soon!
Responsible Tourism

People
We operate small group tours that have a low impact on the communities we visit and we always ensure our operations do not disrupt or lead to the displacement of local people.

Pollution
All cooking is on gas or kerosene stoves (rather than firewood) and all rubbish is carried off the mountain. Bowls of hot washing water are provided to avoid polluting the streams.

Porters
Luggage and camping equipment in Ladakh is generally transported by mules and ponies owned and cared for by local Ladakis. This provides a valuable source of income to these rural mountain communities over the summer. Once we arrive at camp the animals are relieved of their load and left to roam and graze freely on the mountainsides until the following morning when they are rounded up by the sound of the cowbells around their necks.

Projects

Himalayan Community Support Projects in Ladakh
Exodus started supporting this area in the Markha Valley in 2007, after the heavy rains in 2006 caused flooding throughout Ladakh, which destroyed many houses and caused loss of life and livelihood to many families. We rebuilt two houses and provided wire for the school in Hankar so they could build themselves a flood barrier. When Ladakh was hit by worse flash floods and mudslides in 2010, we set up a flood relief appeal to help support these communities.

Since 2011 we have been working with the Youth Association for Conservation and Development in the Hemis High Altitude National Park (YAFCAD) and Niyamdu Dro, a French NGO, to provide the people of the Markha Valley with safe drinking water which they can sell to foreign trekkers instead of mineral water. We aim to sponsor as many water filters as possible and ask those villages without to boil water rather than selling bottled mineral water. The plan is eventually to ban the sale of plastic mineral water bottles along the popular Markha Valley trekking route.

In 2014 we will be working on three new projects, including a local women’s group in Hankar to start an Eco Cafe, supporting a Donkey Sanctuary, and raising money to build a Buddhist temple for a remote community.

For full details of our Responsible Tourism Policy please visit: www.exodus.co.uk/responsible-travel/responsible-tourism-policy
Ladakh Frequently Asked Questions

If you have any burning questions that haven’t been answered in this pack, then please visit our FAQ pages on the Exodus website:

www.exodus.co.uk/holidays/tgx/faq
www.exodus.co.uk/holidays/tgr/faq
www.exodus.co.uk/holidays/tgp/faq
www.exodus.co.uk/holidays/tgi/faq

Talk to an Expert

Exodus is, and always has been, a company of travellers, and the personal experience and specialist knowledge that comes from this is the key to giving our clients the best service and the best holiday.

Contact our experts here:

www.exodus.co.uk/exodus_people/walk_trek_experts

Private Groups

The vast majority of our trips can be tailored to private group departures, on dates that suit you and with smaller or larger group sizes than those listed in the brochure. We’ll discuss your requirements, provide you with a quote, and offer suggestions on customising our itineraries. Detailed trip notes will then be prepared for your group. All that’s left for you to decide is who to take with you and when to go!

Want to find out more? Visit www.exodus.co.uk/groups or talk to our Private Groups Department on 0845 330 6009 or send an email to groups@exodus.co.uk